

## Ten Helpful Guidelines for Swim Lesson Parents

We thank you for your interest in our swim lesson program. Our main priority is giving you or your child the best lessons geared towards individual swimming needs.

Some helpful tips to remember when thinking of enrolling or having enrolled in lessons:

1. **Set goals with your instructor.** It will take a few lessons for your instructor to understand personalities, fears, hesitations and interests. Communicate with them and share any concerns or feedback you may have.
2. **You or your child will not perfect swimming technique or skills in one lesson, or in many cases one full session of lessons.** Set small goals that can be accommodated within the session. We highly suggest you continue after each session to get the best results from your lessons. Do not compare yourself or your child with any other swimmer. Everyone progresses at their own pace and some progress faster than others. Swimmers take years to perfect and practice their technique, endurance and ability. To solidify skill development, we highly suggest utilizing the pool outside of class.
3. **Bring familiar objects and routines.** If your child enjoys certain toys in the bathtub, or specific routines in the water, explain that to your instructor and they can include that in their lesson routine.
4. **Be consistent.** Come to all of your lessons and register for back to back sessions if possible. Consistency is key, and infrequently participating in lessons can cause setbacks.
5. **Allow your child to experience fears, hesitation, overcome obstacles, experience success, and also to try things a few times before they accomplish them.** Being in the pool with a stranger, in an environment that is intimidating can take a few lessons to adapt and can be challenging. This is all part of the learning process.
6. **Support your instructor.** They are there for your or your child's lesson and they want to make it the best experience they can. Despite being trained to instruct others, instructors are learning as well and Clive strongly supports community learning vs. expectation.
7. **Individual makeups are not available for sessions unless noted.** We do not offer individual makeups simply because of the number of families we are serving. We are not able to offer individual makeups to all families throughout the 2 week session as we lack the manpower to accommodate all participants. In addition, fees are still processed if you do not come for your lessons and refunds will not be issued unless approved by Clive Parks and Recreation.
8. **Stick with group lessons over private and semi-private lessons.** The best thing you can do for you or your child in swim lessons, is to stick with a program to encourage bonding and progression.
9. **Be patient with the staff, both administrative and instructional.** They are working with over 250 families each session to provide the best possible lessons and experience. We appreciate your patience as we attend to each family.